

Haringey's mental health mapping workshop

Welcome

- Housekeeping
- Purpose of today – learning and outcome focused – what is currently available, what else do we need to do
- Partnership working
- How the evening will be structured
- We need your input on what else is available; strengths and areas for development

Agenda Item	Lead	Time
Welcome and introduction to session	Will Maimaris and others	5.45pm-6pm
Overview of some key mental health support services in Haringey	Short presentations from: <ul style="list-style-type: none"> • Bridge Renewal Trust • Mind in Haringey • Haringey GP Federation • Whittington Health IAPT service • Barnet and Enfield Mental Health Trust and Adult Social Care, Haringey Council 	6pm-7pm
Tea Break	All	7pm-7.10pm
Workshop Table Exercises	All	7.10pm-7.45pm
Closing remarks	Will Maimaris	7.45pm-8pm

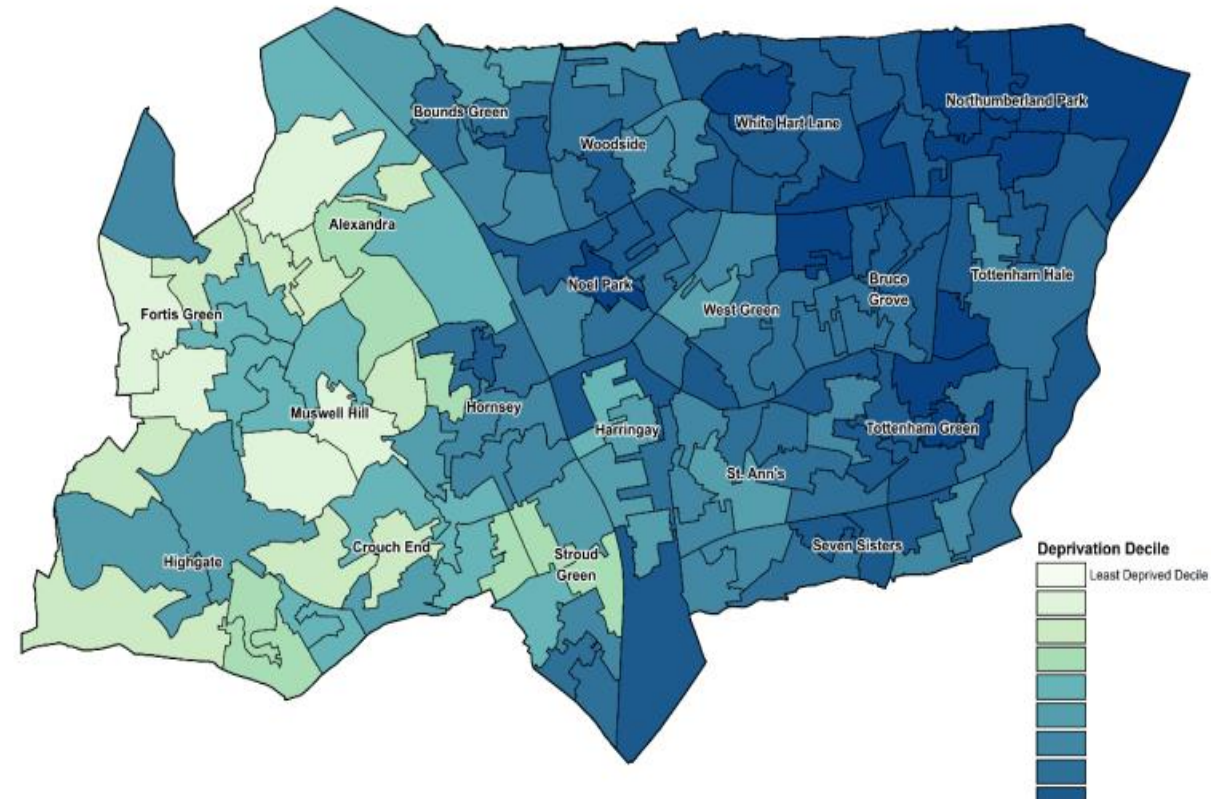
264,200 population (census)

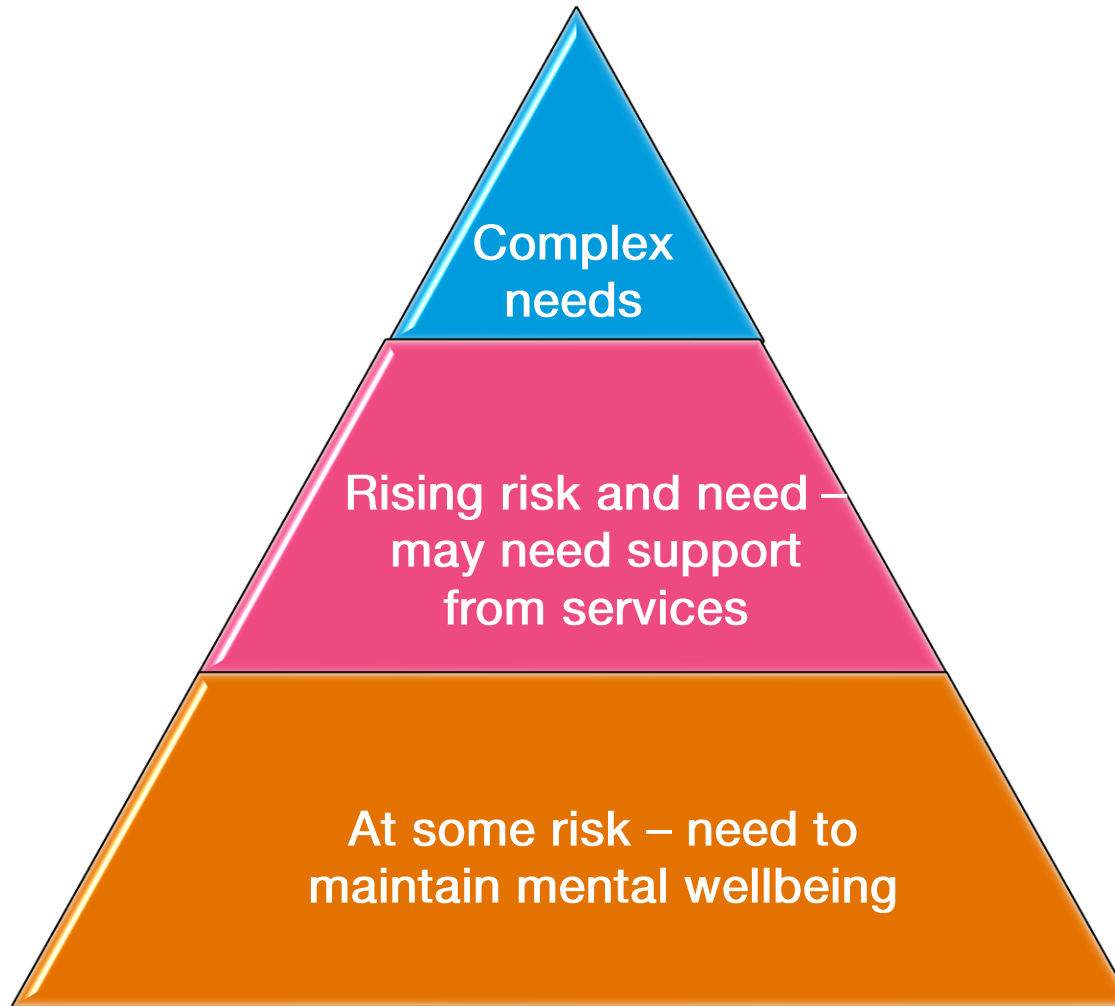
4th most deprived borough in London with significant health inequalities

Key ethnicities: Black African (9%) and Black Caribbean (6%) (Census 2021)

Top 5 languages spoken (other than English):

- Turkish
- Spanish
- Polish
- Romanian
- Portuguese





For example

Severe Mental Illness diagnosis in Haringey:
1.4% or 4,400 people (cf. London: 1.1%
and England, 0.9%)

For example

Depression prevalence (18yrs+): **9%**
- **24,000 people**

Adult population: **191,300 residents aged 15
to 64yrs (2021 Census)**

27,700 residents aged 65+ (2021 Census)

- Adults reporting social isolation: **46%**
- Adults reporting loneliness: **34%**

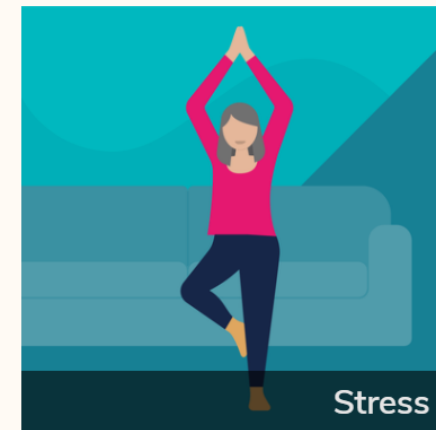
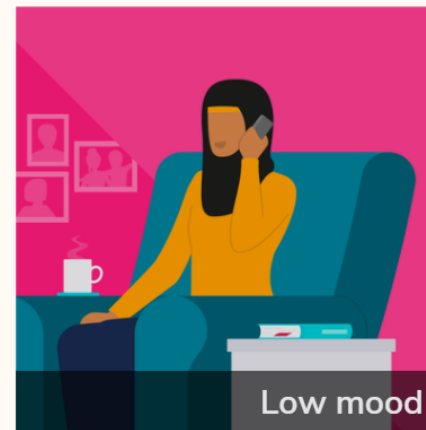
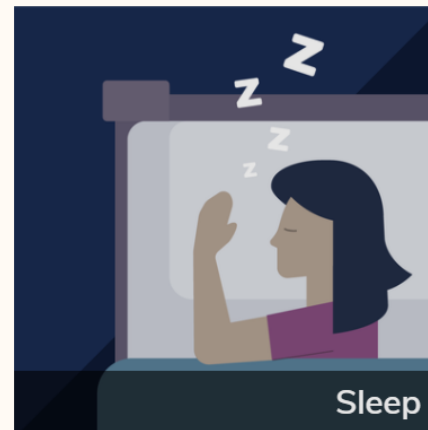
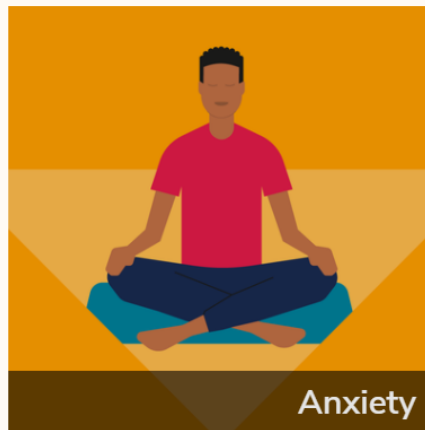
The population groups in the table below are at greater risk of experiencing mental health problems and may be exposed to economic, social and environment circumstances which contribute to these problems.

Population group	Prevalence in Haringey (where known)
People with learning disabilities	1,090 people in Haringey are living with a learning disability
People with physical disabilities	Around 19,500 people, or 10% of the population aged 16-64 yrs.
Homelessness	2,600 households in Haringey (24.5 per 1,000) are living in temporary accommodation which is the third highest rate in London.
Substance misuse	Estimated 1,355 crack cocaine and 1,625 opiate users in the borough
Ethnicity – minoritised communities	67% of the Haringey population are from a non White British ethnic group compared to 61% in London.
Survivors of domestic abuse	Between April 2021 to March 2022, the rate of domestic abuse offences reported for Haringey was 12.4 per 1,000 of the population, which equates to 3,292 offences.



Good Thinking provides **online mental wellbeing self-care for Londoners** through digital tools that support the most common mental health conditions: anxiety, low mood, sleeping difficulties and stress.

Good Thinking is the **first city-wide digital mental wellbeing service**. It was developed for Londoners through a partnership of Local Authorities, London's NHS, PHE, is supported by the Mayor of London and delivered by Healthy London Partnership.



Agenda Item	Lead	Time
Welcome and introduction to session	Will Maimaris and others	5.45pm-6pm
Overview of some key mental health support services in Haringey	Short presentations from: <ul style="list-style-type: none"> • Bridge Renewal Trust • Mind in Haringey • Haringey GP Federation • Whittington Health IAPT service • Barnet and Enfield Mental Health Trust and Adult Social Care, Haringey Council 	6pm-7pm
Tea Break	All	7pm-7.10pm
Workshop Table Exercises	All	7.10pm-7.45pm
Closing remarks	Will Maimaris	7.45pm-8pm

Community Based Wellbeing Activities & Digital Mental Health Offers

Simon Phillips
Head of Programme Delivery

Tottenham Talking

Mental Wellbeing (Health Neighbourhoods)

NHS Charities – Mental Wellbeing

Why and Who

Aims

- All our services are co-produced
- The overall aims are to support people to achieve personal goals, manage their wellbeing and provide motivation for change
- Activities support meaningful occupation, community connection and belonging – all fundamental to mental wellbeing
- Some are specifically aimed at tackling Covid-linked health inequalities

Who are the services aimed at?

- Communities that do not access mental health services
- People from the most deprived wards of Haringey, young people, asylum seekers and migrants
- Black, Asian and Minority Ethnic men
- People with an experience of homelessness, and adults with more complex needs



How and What

Partnerships

- We work with local organisations
- In particular, grassroots and social enterprises as they are embedded in and delivered by communities
- They offer a mix of technical expertise, lived experience, and cultural sensitivity and awareness



Activities

- **Creative** – art, sewing, writing; **Physical** – sports, movement, yoga; **Skills** – cooking, nutrition, baking; **Social** – forum, peer support groups; **Nature** – walking, tree planting

Digital Inclusion

One project addresses digital inclusion through provision of equipment, data, and skills, helps people to access online support

Godwin Lawson Foundation have created an app

The app allows young people to record their thoughts & feelings, and things they find hard to talk about.



Impact

- 300+ sessions have been run
- 900+ different individuals have attended sessions
- 3000+ attendances at sessions

A person in mid-fifties who had underlying health issues and then had covid. Long term unemployed. Life was challenging and mental health suffering. Joined the slow walking group. Their sleep has improved, not so stressed and have lost a little weight. Overall feeling very positive now after feeling very stuck.

One young person came to football at You vs You; broke down as medication was making playing difficult; staff supported them to speak to doctor to review medication; reduced and now able to take part and improving mental wellbeing as a result.



Benefits of community-based activities

- They are safe spaces, “nobody wants anything from you”
- More time to build relationships
- People can join in at their own pace and are treated as individuals, not judged
- They are not ‘official’ spaces. Some communities have strained relationships with authority, current or historical
- Provide services that can fill gaps in recovery, or something to do while on waiting list for talking therapies
- Target specific groups and activities
- Stepping stone to statutory services, like group therapy. Activities help people to build confidence to engage in group therapy or other statutory services



Bridge Renewal Trust

If you would like to know more have a chat about this work, please contact me at:

Simon Phillips, Head of Programme Delivery

simon@bridgerenewaltrust.org.uk

Agenda Item	Lead	Time
Welcome and introduction to session	Will Maimaris and others	5.45pm-6pm
Overview of some key mental health support services in Haringey	Short presentations from: <ul style="list-style-type: none"> • Bridge Renewal Trust • Mind in Haringey • Haringey GP Federation • Whittington Health IAPT service • Barnet and Enfield Mental Health Trust and Adult Social Care, Haringey Council 	6pm-7pm
Tea Break	All	7pm-7.10pm
Workshop Table Exercises	All	7.10pm-7.45pm
Closing remarks	Will Maimaris	7.45pm-8pm



- Mind in Haringey has been supporting those in Haringey experiencing mental health issues since 1989
- Last year we supported over 5000 people.





Haringey Wellbeing Network

Well People, Well Haringey.

Contact us now to find out more:

Call :0208 340 2474

Text/Phone: 07508 511 128

Email: HaringeyWellbeingNetwork@mih.org.uk

Funded by:





The Haringey Wellbeing Network is the “Front Door” for community mental health services for Haringey.

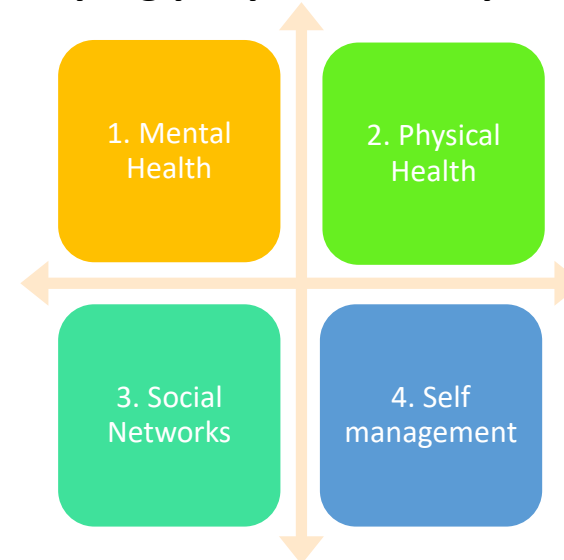


Aim:

The network aims to:

- support people with mental health in the community
- Improve emotional resilience
- Improve social connectedness

We focus on helping people achieve positive fulfilling lives.



Mental Health Services Available for the Haringey community

1. Wellbeing Activities

Haringey Wellbeing Network
WELLBEING WORKSHOPS 2020

Monday	LGBTQ+ - Telling group 10:00-11:30 	Walking Group 10:30-12 	Gardening Group 11-12:30
Tuesday	Women's Peer Support Hub 11-12:30pm 		Creative Writing 1-2:30
Wednesday	WOMEN'S TALKING GROUP 10-11:30am 	Gardening Group 11-12:30 	Art Group 2-3:30
Thursday	Men's Group 10:30-12pm 		Coping with Life Skills 2-4pm
Friday	P.T.S.D - Peer Support Group Internal Referrals PTSD Team only	Gardening Group 11-12:30 	Yoga 1-2pm & Mindfulness 2-3pm (separate classes)

Our wellbeing activities are designed to help you build confidence, improve your social skills and help you to connect and be part of the community. The workshops aim to help you make new friendships and develop new interests in a relaxed, informal environment. You need to register with the Haringey Wellbeing Network before you are able to access any activity.

To Join/Contact:
E: HaringeyWellbeingNetwork@mh.nhs.uk
T: 0208 340 2474 (Option 3) or Text: 07508 511 128

12-week Rotations

2. Wellbeing Advocacy



12-week Engagement

3. Social Prescribing & warm handover



4. Peer Support groups & 1-2-1



12-week Engagement /Ongoing

5. Young People



Leaving care /CAMHS

6. Mental Health First Aid



½ Day or x2 Day Training

- **Quote - Client X from our Peer Support Hub stated:**

- “ that coming to a group has been a *life saver*. Just meeting other people in similar situations has given me different ways of coping and knowing that I’m not alone has been very comforting.”





How to Access support ?

The Haringey Wellbeing Network is open to anybody who is:

- aged 18 and over, **and**
- a resident of Haringey **OR** registered with a Haringey GP
- Young people aged 16-21yrs – who have accessed CAMHS and leaving Care.

How to access services?

1. **Call us** - complete a referral form over the phone.
2. **Email us** – Can email and obtain/send a referral form
3. **Website** – Referral form can be completed online - ***www.mindinharingey.org.uk***

Professionals, please ensure a risk assessment is attached with referral form.

Call :0208 340 2474 option 1 Text/Phone: 07508 511 128

We accept self-referrals, professional referrals and friends & family referrals.

Email: HaringeyWellbeingNetwork@mih.org.uk



SMI, BAME Community Wellbeing Advocacy

BAME Community Wellbeing Advocacy: Introduction to the service

- ▶ Wellbeing and Advocacy for those living with Severe Mental Illness (SMI)
- ▶ Unique as clients are also part of a cohort of individuals with neglected physical health
- ▶ Physical health checks are carried out by Federated for Health clinicians and health professions either at client's homes or GP surgery
- ▶ Encourage clients to undergo physical health checks, advocate for them, encourage to partake in wellbeing exercises for their mental health

SERVICE USER QUOTES

I have overcome my anxieties and I have surprised myself by being able to attend viewings.

Support from you has made me feel more positive about my problems

The service is the real deal

Safe **Haven** Helpline

Crisis Café



0800 953 0223

7 Days a week 5-9pm

Out of hours leave a message or text:

07943 156 973

Email: Safehaven@mih.org.uk

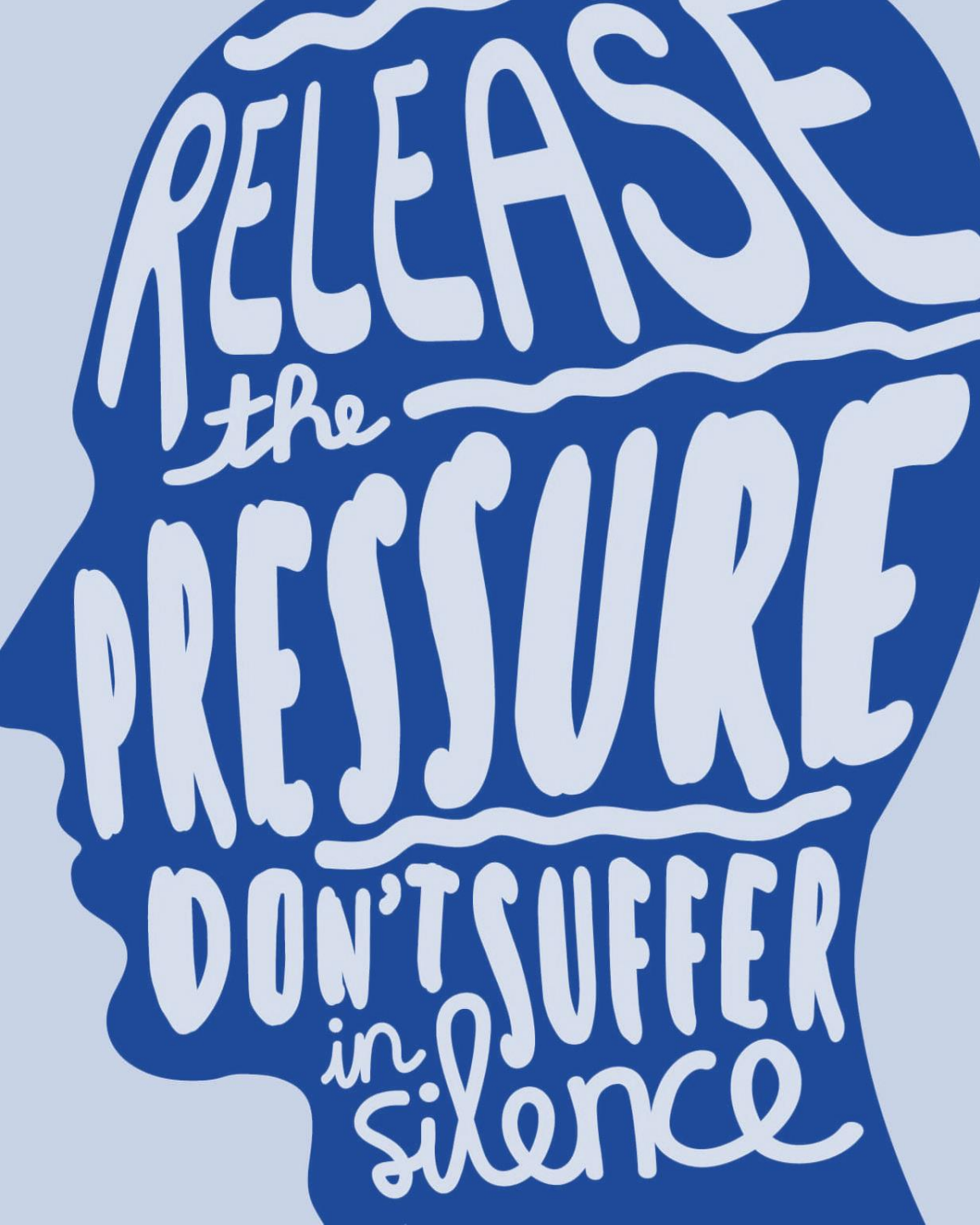
SAFE HAVEN AIMS

- To support service users who are vulnerable/isolated.
- To work with users to develop self-management skills and reduce their crisis and isolation.
- To delivery a non-medical approach.
- Act as an alternative to hospital admission or A&E attendances
- To provide a safe space and a listening ear.
- Link people to long term support to address their holistic needs.
- To be part of a coordinated community based mental health service in Haringey.



SAFE HAVEN – BENEFITS FOR SERVICE USERS

- **The Service offers the following:**
 - Safe space to talk (4 contacts)
 - Nonjudgmental approach
 - Compassionate support and offering hope.
 - Reducing isolation & crisis
 - Providing active listening
 - Supporting individuals to reconstruct their social networks through linking into local services
 - Helping the user to learn from a crisis by building on their:
 - strengths
 - resilience
 - support networks (existing and new) and
 - learning from previous crises.

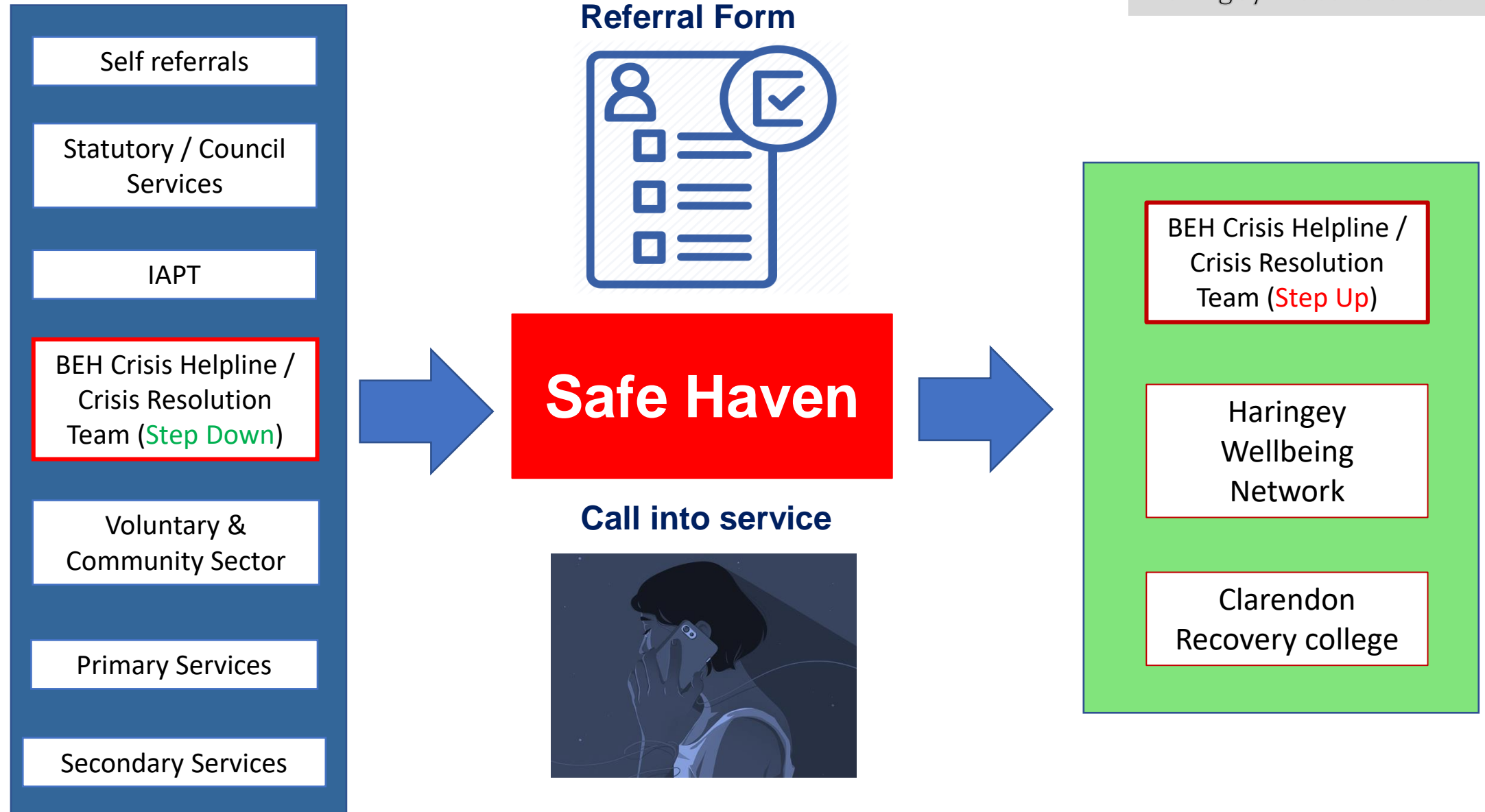


Who can access this service?

- Anyone aged 18+ and lives in Haringey.
- Anyone who **perceives themselves** to be in mental health crisis or requiring support.
- Anyone who presents or have **attended A&E** in a mental health crisis and do not require medical interventions?
- As part of someone's active care plan under the **A&E high frequency user programme** or as part of the **open dialogue pathway**.
- As a support destination following **triage from the BEH crisis telephone service** and/or after a face to face contact with **liaison psychiatry, CR/HT** and or a **Mental health assessment** including s136.
- For **users and carers** who are being **stepped down** or who are **discharged from secondary care** mental health services and require some support during a period of mental health crisis.

How to Access the **Safe Haven**

Referral Form Available:
Haringey council & Mind in
Haringey website or call in.



THEMES

Anxiety

Food Shortage

Depression

Loneliness

Suicidal Ideation

Isolation

Domestic Violence

PTSD

Housing Issues

Some of our
other
projects and
services

 mind in Haringey



REACH AND CONNECT Community Connector Project

Commissioned April 2019 – 8 Community Connectors

Contract renewed April 2022 – 6 Community Connectors

Managed jointly with:



IMPROVING MENTAL WELLBEING IN HARINGEY

A project Addressing health inequalities with
our Grassroot organisation's
Youvsyou,
Hopec,
Community cook up,
TCCA and
Sewn together



Welcome to



Together We Thrive.

community

Powered By Black Thrive.

 mind
in Haringey



@Thrive_Haringey



@black_thrive_in_haringey



thrivoharingey

blackthrivoharingey@mih.org.uk





Myends The Mayors office programme to reduce youth violence working
with Violence reduction unit and Community Partners in Tottenham Hale

“Helping hands” Community Care Coordination Project

- To respond to the high volume of people that attend A&E frequently
- Clients attend A&E due to experienced mental health difficulties
- Clients will be identified and triaged by North Middlesex Hospital A&E and referred to us
- It is estimated that these clients can use other help in the community but do not have the knowledge or resources to do so





PROJECT FUTURE





MIH Counselling Service

- **We continue to strive to deliver both accessible and affordable services to the residents of Haringey and surrounding boroughs offering:**
 - Low-Cost Daytime Service (general service)
 - Evening and Saturday Service (general service)
 - Young People's care leavers Service (funded service – Haringey Council)



Haringey Suicide Prevention Group

- Established in 2015
- Broad membership of statutory and non-statutory bodies
- Creating a suicide prevention action plan for the borough of Haringey
- Sharing knowledge and coordinating activities to prevent suicide and support those bereaved by suicide
- Overseeing data on suicide at a local, London-wide and national level
- Reviewing needs, gaps and opportunities in provision
- Bringing together individuals, groups and agencies working to prevent suicide.

Agenda Item	Lead	Time
Welcome and introduction to session	Will Maimaris and others	5.45pm-6pm
Overview of some key mental health support services in Haringey	Short presentations from: <ul style="list-style-type: none"> • Bridge Renewal Trust • Mind in Haringey • Haringey GP Federation • Whittington Health IAPT service • Barnet and Enfield Mental Health Trust and Adult Social Care, Haringey Council 	6pm-7pm
Tea Break	All	7pm-7.10pm
Workshop Table Exercises	All	7.10pm-7.45pm
Closing remarks	Will Maimaris	7.45pm-8pm



Haringey GP Federation

An introduction

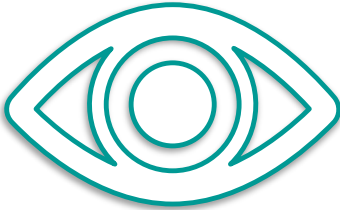




February 2023

Contacts:

Marian Salek , Head of Integrated Services: marian.salek@nhs.net

Natalie Cole, GP and Clinical Lead SMI Physical Health Check Service & GP@The Grove: natalie.cole12@nhs.net

Our vision and aims

V I S I O N						A I M S
	A healthier and happier population through strong and innovative general practice	Improve health outcomes through borough-wide primary care services, particularly where there are health inequalities	Strengthen and support our member practices, enhancing the care for our population	Collaborate with system partners, developing new models of care together to meet patients' needs	Represent general practice in the wider system, ensuring an effective and consistent voice is heard	

We work with and on behalf of our member practices to ensure access to high quality, responsive and accessible NHS health services

Delivering at scale and integrated services



Proactive Integrated Teams



Enhanced access hubs



Acute respiratory illness hubs



Covid vaccinations



GP@Front Door (North Middx)

At scale services

Innovative

Collaborative

Address health inequalities



Child weight management



Diabetes care navigation



Heart Failure@Home



GP@theGrove



HHHIT (Homeless)



LTC health inequalities



MACC (Frailty)



SMI Physical Health Checks

Workforce development

Enabling the recruitment, retention and development of a strong and sustainable primary care workforce in Haringey



Workforce transformation - examples

We are working to expand and transform the workforce offer in line with national and local priorities



Supporting member practices to deliver positive patient outcomes



ADDITIONAL ROLES REIMBURSEMENT
SCHEME



CHILDHOOD VACCINATIONS



CLINICAL PHARMACY TEAM



GP SPIN FELLOWSHIPS



NURSING ASSOCIATES



SHARED NURSE TEAM



PRACTICE & PCN SUPPORT



QUALITY IMPROVEMENT SUPPORT TEAM



TRAINING & WORKFORCE DEVELOPMENT

Support which meets practices' needs in the changing landscape of primary care

Tailored solutions which help meet targets and enhance the patient care provided

Agenda Item	Lead	Time
Welcome and introduction to session	Will Maimaris and others	5.45pm-6pm
Overview of some key mental health support services in Haringey	Short presentations from: <ul style="list-style-type: none"> • Bridge Renewal Trust • Mind in Haringey • Haringey GP Federation • Whittington Health IAPT service • Barnet and Enfield Mental Health Trust and Adult Social Care, Haringey Council 	6pm-7pm
Tea Break	All	7pm-7.10pm
Workshop Table Exercises	All	7.10pm-7.45pm
Closing remarks	Will Maimaris	7.45pm-8pm



Haringey IAPT Let's Talk

Sarah Ellard & David Ilott

Contact:

David Ilott, Whittington Health NHS Trust: david.ilott1@nhs.net

Sarah Ellard, Deputy Clinical Lead, Whittington Health NHS Trust: ELLARD, sarah.ellard@nhs.net

What do we offer?

- Cognitive Behaviour Therapy for Anxiety and Depression – **up to 16 sessions**
- Counselling for Depression including Dynamic Interpersonal Psychotherapy (DIT) and Interpersonal Psychotherapy (IPT) – **10, 16 or 20 sessions**
 - Couple therapy for Depression
- EMDR (Eye Movement Desensitization and Reprocessing) Therapy for Trauma – **up to 20 sessions**
 - Mindfulness Groups
 - Long Covid Group
- CBT informed groups for worry, stress and low mood
- Individual Guided Self Help (CBT informed) with bespoke digital materials (Silver Cloud) – **up to 6 sessions**



For whom ...

Our remit is to work within N.I.C.E guidelines offering evidence based psychological interventions for people struggling with common mental health difficulties –like worry, OCD, trauma, PTSD, panic or low mood and depression

We cannot work with people struggling with

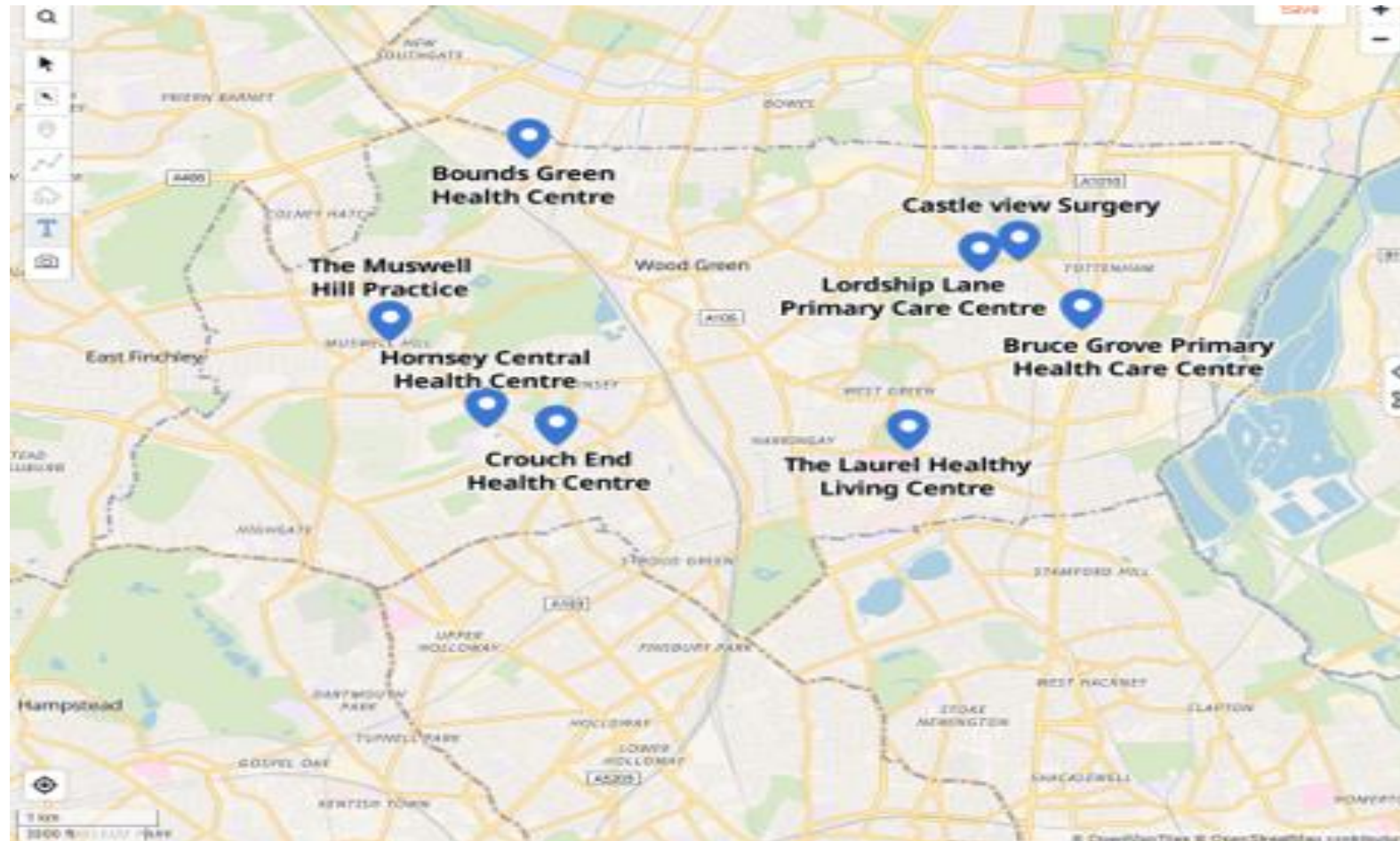
- Acting on suicidal thoughts and plans
- Potential symptoms of psychosis or another SMI's
- Long-term and severe interpersonal struggles affecting a person's ability to work and have relationships
- Drug and alcohol dependency

AND we do sign post and liaise with other services -

We work with 'No wrong front door'



Where ... in person, on video and by telephone



Our Liaison and outreach work ...

[Haringey IAPT outreach mind map](#)



Equality and Equity of Access

- Monitoring of equity of access
- Embedded diverse interview panels (recruitment)
- Information/materials throughout pathways in a client's own language
- Therapists working in client's own language
 - Working with interpreter
- Culturally sensitive/appropriate training



For how many people

In the last 12 months IAPT worked with

10,235 referrals

7,270 people had at least one appointment with us

99 outreach groups

**36,000 Attended
Appointments**



Agenda Item	Lead	Time
Welcome and introduction to session	Will Maimaris and others	5.45pm-6pm
Overview of some key mental health support services in Haringey	Short presentations from: <ul style="list-style-type: none"> • Bridge Renewal Trust • Mind in Haringey • Haringey GP Federation • Whittington Health IAPT service • Barnet and Enfield Mental Health Trust and Adult Social Care, Haringey Council 	6pm-7pm
Tea Break	All	7pm-7.10pm
Workshop Table Exercises	All	7.10pm-7.45pm
Closing remarks	Will Maimaris	7.45pm-8pm

Haringey Community and Urgent Care Mental Health Services (including mental health reforms)

Mark Pritchard (Barnet Enfield and Haringey Mental Health
Trust)

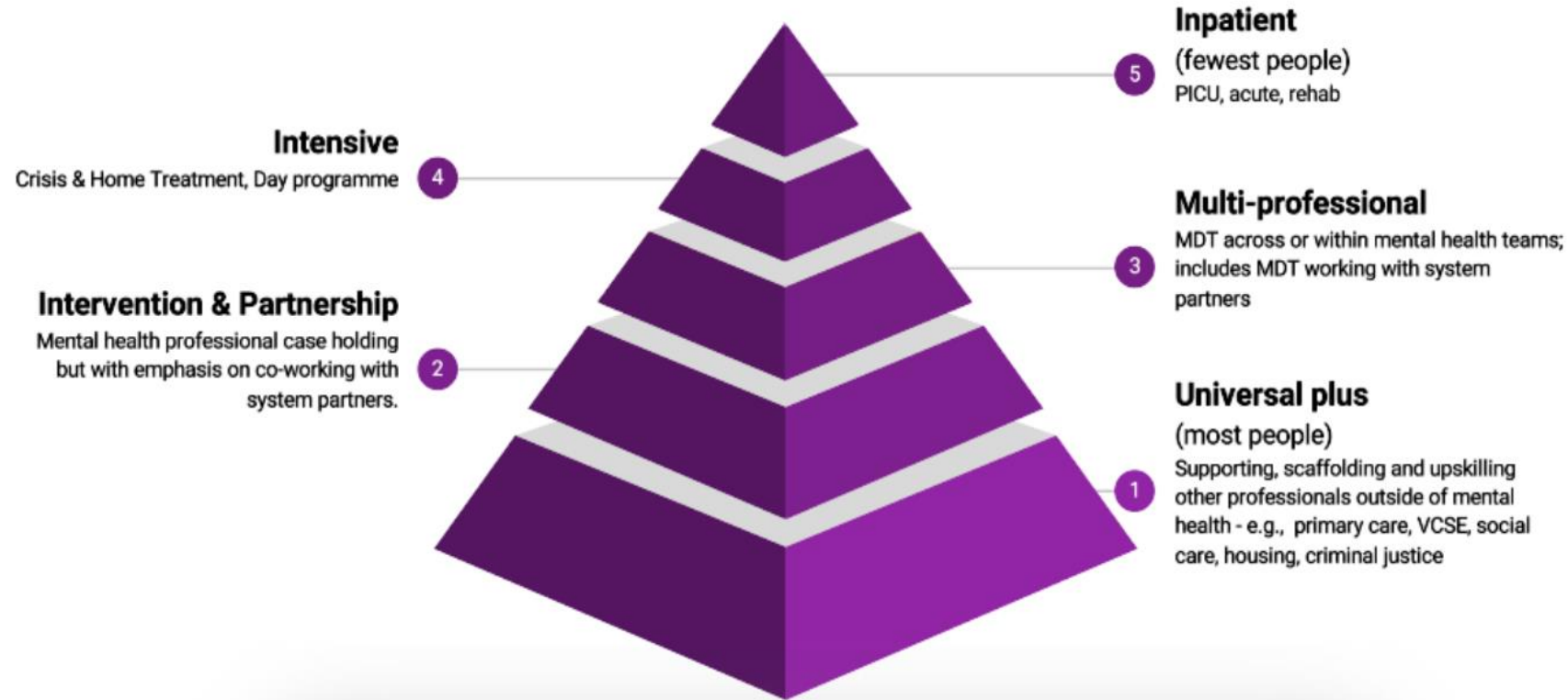
& Claire Bland (Haringey Council Adult Social Care)

Contact:

Mark Pritchard, Barnet Enfield Haringey Mental Health Trust: mark.pritchard5@nhs.net

Claire Bland, Interim Head of Service – Adults Mental Health (Social Care), Haringey Council: Claire.Bland@haringey.gov.uk

Where do Haringey Residents receive support for mental health issues?



Most Haringey Residents experiencing mental ill health are supported by their GP.

Residents requiring low levels of support for their mental illness to maintain wellbeing

Low Level Support available from Services.	How Residents Access this Service
<ul style="list-style-type: none"> Haringey Wellbeing Network (Voluntary Care Sector Provision) Recovery College Tottenham Talking. Connected Communities 	All Self Referral
Haringey Mental Health Practitioners based in Primary Care	GP Referral
IAPT (Improving Access to Psychological Therapies)	Self Referral

Residents requiring Moderate support for their mental illness to maintain wellbeing (1)

Moderate Level Support available from Services.	How Residents Access this Service
<p>Core Community Mental Health Teams, an integrated MDT with:</p> <ul style="list-style-type: none"> • BEH clinicians • VCS staff, including: <ul style="list-style-type: none"> ○ Hestia Community Engagement Workers ○ Peabody Floating Support Workers ○ Twining Employment Specialists • LBH Social Workers (who undertake Care Act Assessments & Reviews) 	<p>GP referral</p> <p>Referral from Urgent Care Pathway (Crisis Telephone Service, Haringey Crisis Team, Liaison Psychiatry based in acute hospital).</p> <p>(Currently running a Trusted Referrer pilot with Connected Communities referring directly)</p>

Residents requiring **Moderate support** for their mental illness to maintain wellbeing (2)

Moderate Level Support available from Services.	How Residents Access this Service
<p>Other integrated BEH & LBH Community Services:</p> <ul style="list-style-type: none"> • Early Intervention in Psychosis Team • Older Adults Community Mental Health Team (incl Memory Service). 	<p>GP referral</p> <p>Referral from Urgent Care Pathway (BEH Crisis Telephone Service, Haringey Crisis Team, Liaison Psychiatry based in acute hospital).</p>
<p>LBH Supported Accommodation via Housing Pathway</p>	<p>Via Haringey Council Housing Officers</p>
<p>Crisis Café (Safe Haven)</p>	<p>Self Referral</p>

Residents requiring **High level of support** for their mental illness to maintain wellbeing and safety

Crisis Resolution & Home Treatment Team (CRHTT)	24-hour Crisis Telephone Service: 0800 151 0023
Crisis Prevention House (Currently at Fortis Green)	Self referral via 24-hour Crisis Telephone Service: 0800 151 0023
Blossom Court in-patient unit.	Gatekeeping via CRHTT after exploring all options.
LBH Approved Mental Health Professionals Service	Referral from: BEH/LBH Community Teams, CRHTT or Met Police
Crisis Café	Self-referral

Draft Mental Health Bill

Some key recommendations:

- Create a new, statutory, Mental Health Commissioner post
- Change to the criteria for detention - higher risk threshold
- New definition of “appropriate medical treatment” - treatment must have a reasonable prospect of alleviating, preventing the worsening of, the person’s mental disorder
- Ensure mental illness is the reason for detention under the act, and that neither autism nor a learning disability are grounds for detention for treatment of themselves
- First period of section 3 detention reduced from six to three months
- Abolish community treatment orders except for those involved in criminal proceedings/sentencing

Draft Mental Health Bill

- Replace Nearest Relative with the right for the person to choose a nominated person - look after their interests when not able to do so themselves
- Expand role of IMHA to offer a greater level of support and representation to every patient detained under the Act
- Extend the amount of time patients can apply to the Mental Health Tribunal and make automatic referrals more frequent
- Pilot culturally appropriate advocates so patients from all ethnic backgrounds can be better supported to voice their individual needs
- Introduce statutory 'advance choice documents'

Draft Mental Health Bill

Proposed timeframe



- Implementation will be staged.
- First duties to be introduced (expected mid 24/25):
- The new detention criteria, including for people with learning disabilities and autism
- Nominated Person
- Automatic referral of formal patients for advocacy IMHA.

Future Work: Community Based Mental Health Work

1. Improving the Front Door to Community Mental Health Services
2. Developing a non-GP referral route into services
3. Learning from the experiences of residents with severe mental illness through a Community Engagement Project with Bridge Renewal Trust
4. Ensuring every resident receiving support from BEH Community Services has an individualised Dialog Plus Care Plan

Agenda Item	Lead	Time
Welcome and introduction to session	Will Maimaris and others	5.45pm-6pm
Overview of some key mental health support services in Haringey	Short presentations from: <ul style="list-style-type: none"> • Bridge Renewal Trust • Mind in Haringey • Haringey GP Federation • Whittington Health IAPT service • Barnet and Enfield Mental Health Trust and Adult Social Care, Haringey Council 	6pm-7pm
Tea Break	All	7pm-7.10pm
Workshop Table Exercises	All	7.10pm-7.45pm
Closing remarks	Will Maimaris	7.45pm-8pm

1. Introduce yourself
2. On your tables, answer the following 2 questions on your flipchart paper

-  What services are you aware of that have not been mentioned here?
-  What are the strengths of existing services and what are the main gaps?

3. After 25 minutes, we will ask for feedback from each table.
Please feedback one key strength in our mental health offer and one area we need to work on

Closing remarks
